Picture not so perfect

More pictures are being taken now than at any point in history, and some people think that our obsession with capturing every event has gone too far. You can't go anywhere without seeing people peering through their phones at the world around them. Yet research suggests that when people take pictures of things instead of looking at them, they don't remember nearly so well. The constant threat of being photographed also makes it difficult to relax. How are you supposed to have a nice time when a camera could be thrust in front of your nose, capturing you with a big mouthful of food? Besides, some people add effects to their photos or alter them in some way, so they're not always what they seem. Instead of having real fun, people try to make sure it looks as though they are, just for a good snap.

The Week Junior, 2017