

Tekst 4

- 1p 5 Geef aan of de volgende voordelen van latere schooltijden worden genoemd in alinea 1.
Omcirkel 'wel' of 'niet' achter elk nummer in de uitwerkbijlage.
- 1 gemiddeld hogere cijfers
 - 2 verbeterde gezondheid
- 1p 6 'with American children topping the rankings' (paragraph 2)
Which possible reason for this top ranking is mentioned in paragraph 2?
- A American schools tend to start even earlier than schools in Great Britain.
 - B American society is very competitive and focused on scoring high.
 - C In America schooldays are often longer than eight hours a day.
 - D In America there is more research into sleep going on than elsewhere.
- 2p 7 Welke **twee** verklaringen voor het gevonden slaapttekort bij tieners worden in alinea 3 genoemd?
Geef antwoord in het Nederlands.
- 1p 8 Kies bij 8 in alinea 4 het juiste antwoord uit de gegeven mogelijkheden.
- A basic sleeping facilities on their premises
 - B extra breaks to give people time to recharge
 - C flexible hours based on their staff's needs
 - D four-day working weeks to address the problem
 - E therapy for employees who need help

Tekst 5

- 1p 9 What becomes clear from paragraphs 1 and 2?
- A A number of restaurants in the UK misinform consumers about the ingredients they use.
 - B A publication about the quality of restaurants and fast-food chains turned out to be fake.
 - C An undercover investigation has exposed wrongdoings in the UK hospitality business.
 - D Many meals served in restaurants contain more calories than meals served in fast-food chains.

- 1p 10 What is the goal of paragraph 3?
- A to criticise the careless dining habits of the average consumer
 - B to list other aspects of eating out that have been researched
 - C to point out that the energy intake might be higher than recorded
 - D to question the results found by the team that examined meals
- 1p 11 Kies bij 11 in alinea 4 het juiste antwoord uit de gegeven mogelijkheden.
- A act more responsibly
 - B adjust their prices
 - C become less greedy
 - D study the regulations
- 2p 12 “Proposals to shrink the size of dishes or cap calories” (alinea 5)
Geef aan of Kate Nicholls onderstaande argumenten noemt als bezwaar tegen deze voorstellen.
Omcirkel ‘wel’ of ‘niet’ achter elk nummer in de uitwerkbijlage.
- 1 Ze beperken het keuzeaanbod op de menukaart.
 - 2 Ze gaan ten koste van de klanttevredenheid.
 - 3 Ze maken het moeilijker om goed keukenpersoneel te vinden.
 - 4 Ze zullen de restaurants geld kosten.
- 1p 13 What does the last sentence of paragraph 6 suggest?
- A It is clear that social media have changed our eating habits.
 - B It is difficult to get public support for more nutritious meals.
 - C It is possible that things are already changing for the better.

Tekst 6

- 1p 14 “We can buy toys for children that don’t have any” (paragraph 1)
What is true about this statement?
- A It defines what makes Manaaki Day such a unique festive event.
 - B It is a key aspect of the traditional Maori culture in New Zealand.
 - C It is one of the suggestions Eddie Writes made to Justin Lester.
 - D It shows how Justin Lester hopes to boost his popularity in Wellington.